

# **Timber Alert**

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# What to Expect at Your Appointment to Get Vaccinated for COVID-19



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Because COVID-19 is a new disease with new vaccines, you may have questions about what happens before, during, and after your appointment to get vaccinated. These tips will help you know what to expect when you get vaccinated, what information your provider will give you, and resources you can use to monitor your health after you are vaccinated.

## **Before Vaccination**

- See if COVID-19 vaccination is recommended for you right now.
- Learn more about the <u>different types of COVID-19 vaccines and how they</u> work.
- Learn more about the <u>benefits of getting a COVID-19 vaccination</u>.
- When you get the vaccine, you and your healthcare worker will both need to wear masks that cover your nose and mouth. Stay 6 feet away from others while inside and in lines. <u>Learn more about protecting yourself during visits to the doctor or a pharmacy.</u>

# **Getting a COVID-19 vaccine with other vaccines**

Wait at least 14 days before getting any other vaccine, including a flu or shingles vaccine, after you get your COVID-19 vaccine. Or if you get any other vaccine first, wait at least 14 days before getting your COVID-19 vaccine.

If you get a COVID-19 vaccine within 14 days of another vaccine, you do **not** need to be revaccinated with either vaccine. You should still complete both vaccine series on schedule.

When we have more data on the safety and effectiveness of COVID-19 vaccines given at the same time as other vaccines, CDC may update this recommendation.

### When You Get Vaccinated

- You should receive a vaccination card or printout that tells you what COVID-19 vaccine you received, the date you received it, and where you received it.
- You should receive a paper or electronic version of a fact sheet that tells you
  more about the specific COVID-19 vaccine you are being offered. Each
  authorized COVID-19 vaccine has its own fact sheet that contains information
  to help you understand the risks and benefits of receiving that specific
  vaccine.
- All people who get a COVID-19 vaccine should be monitored on-site. Learn more about COVID-19 vaccines and rare severe allergic reactions.



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# **After Vaccination**

- With most COVID-19 vaccines, you will need two shots in order for them to work. Get the
  second shot even if you have side effects after the first one, unless a vaccination provider or
  your doctor tells you not to get a second shot.
- Ask your healthcare provider about getting started with v-safe, a free, smartphone-based tool
  that uses text messaging and web surveys to provide personalized health check-ins after you
  receive a COVID-19 vaccination. V-safe also reminds you to get your second dose if you need
  one. Learn more at www.cdc.gov/vsafe.
- It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until a week or two after your second shot.

Learn about common side effects and get helpful tips on how to reduce your pain and discomfort - After Getting a Vaccine

Source: Centers for Disease Control and Prevention