

Cares Act Expands Health Coverage Rules



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On **March 27, 2020**, the U.S. Congress passed the Coronavirus Aid, Relief and Economic Security Act ([CARES Act](#)) to provide \$2.2 trillion in federal funding to address the COVID-19 crisis. The President signed the CARES Act into law the same day.

Following and building upon two other federal laws that were recently enacted to address the pandemic—the [Families First Coronavirus Response Act](#) (FFCRA) and an [emergency funding bill](#)—the CARES Act makes a variety of changes affecting health plans.

Health Plan Coverage Provisions

The CARES Act includes provisions to:

- Expand the types of coronavirus testing that all comprehensive private health insurance plans must cover without cost-sharing or barriers under the FFCRA;
- Accelerate the process that would make permanent the requirement for health plans to cover preventive services and vaccines related to COVID-19;
- Allow telehealth and other remote care services to be covered under a high deductible health plan (HDHP) before the deductible is met, without affecting the HDHP's compatibility with Health Savings Accounts (HSAs) (applicable for HDHP plan years beginning on or before Dec. 31, 2021); and
- Treat additional over-the-counter medications, along with menstrual care products, as qualified medical expenses that may be paid for using HSAs or other tax-advantaged arrangements.